

Guiding your mind to a higher degree is not always easy to do
But if you try to, the POWER's inside you
If you can command it then nothing can stand in Your way.

The Force Within

Reclaim Your Life
rhonda ross

TODAY'S DATE: _____

Write out three dreams that you've placed on the back burner. Then write out your intention to reclaim your life by reclaiming your dreams. You don't have to know how you are going to do it right now (that will be shown to you). You just have to allow yourself to want it again.

1. _____

2. _____

3. _____

Say this affirmation out loud: From now on, I intend to reconnect with my dreams. They are mine and they were put into my heart for a reason!

Below write your own affirmation.

Celebrate Each Step!