

Guiding your mind to a higher degree is not always easy to do
But if you try to, the POWER's inside you
If you can command it then nothing can stand in Your way.

The Force Within

Celebrate You
rhonda ross

TODAY'S DATE: _____

List 3 ways that you can CELEBRATE YOU today! Put on an outfit that makes you feel beautiful. Play your favorite music and DANCE around your place!

Buy yourself some flowers. Take yourself (and perhaps a friend) out to a meal and order a frosted cake!

Today, in celebration of ME, I'm going to.....

1. _____

2. _____

3. _____

Celebrate Each Step!